

# menu

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## *Essence Lunch Menu*

*11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup> March 2025*

### *Appetizers*

**Middle Eastern Mezze Plate (V)**

*or*

**Shrimp and Crab Bisque**

*Cream, Dill oil*

### *Entrées*

**House Made Cannelloni (V)**

*Mushrooms, Spinach, Mascarpone, Parmesan, Spanish tomato sauce,*

**Poached Galantine of Chicken**

*Bacon stuffing, Duchesse potatoes, Braised fennel, Sauce Chasseur*

**Osso Buco Milanese**

*Saffron risotto*

### *Dessert*

***New York Cheesecake (V)***

*Berry coulis, Whipped cream*

**(VG Dessert Upon Request)**

**\$25.00 taxes extra**

**(V) Vegetarian, (VG) Vegan,  
(GF) Gluten Friendly**



*We bring learning to the table.*